



USA Yoga Competition Structure

I. Qualifier Level:

As we gear up for the 2016-2017 USA Yoga championship season, we would like to support every athlete to be as successful as possible. In an effort to expand the grass roots level of our organization, and to make the beauty and joy of Yoga Sport available to a broader base, we are adding a third level to our competition structure this year.

The first level of **Qualifier** can be anything from an individual video submission, to a larger qualifying event with live judging. You may also hold a smaller qualifier and submit the videos for judging. If you are submitting a video there is no additional fee other than your athlete membership.

The deadline for video submissions is December 31, 2016.

The deadline for live first level entries is February 1, 2017.

Multiple events may be held statewide and the top scorers from each state will then be invited to the second level of **Super Regional**. We want to encourage more events, not fewer, so if you want to hold a multi-state qualifier with live judges, (like the New England Regional), then you can and the competitors scores from each state will enter the score pool for that state. If the event wants to award winners, then it may, however the winners will not be official USA Yoga winners for that state, but only **Qualifier** level submissions. First place winners per state will only be awarded at the second level of **Super Regional**.

Only one submission per athlete is allowed, so if you compete in a live judging **Qualifier**, then you cannot submit a video as well and vice versus. If a competitor participates in a live event, then they cannot then decide to do a video submission after the event.

If you do want live judges, then you must sign an agreement and collect your entry fee through USA Yoga just as we have done for USA Yoga sanctioned regionals in the past.

To summarize: \$50 to join as an athlete and submit a video to qualify, or \$50 + \$30 entry fee to enter a larger local qualifying event with live judging. All states may hold unlimited qualifiers. A multi-state **Qualifier** may be held with the athlete's scores from each state entering their respective state's pool of scores. All of the scores will be posted online and the highest scorers will be invited to the next level of competition.



II. Super Regional Level:

The next level is the **Super Regional**, four of which will be held across the country beginning on January 1, 2017. (See Map below.) **Super Regionals** may also hold a prequalifying round in which competitors from the participating states may compete to qualify for the **Super Regional** held the following day. **Super Regionals** are not required to hold this round. It will be up to the discretion of the individual host of the **Super Regional**. Athletes already invited to the **Super Regionals** based upon their individual **Qualifier** submission (either video or a **Qualifier** event) will not be required, or allowed, to participate in the **Super Regional** prequalifying round should it have one. (No one will advance from this **Qualifier** if their score is not higher than other **Qualifier** level submissions from the respective state already invited to participate in the **Super Regional**.) The first place winners from each state, at the **Super Regional** level, along with the top scorers from all states at each **Super Regional**, will then be invited to the National Championship. USA Yoga will determine the number invited to the National Championship.

III. National Level:

The first place winners from each state, at the **Super Regional** level, along with the top scorers from all states at each **Super Regional**, will then be invited to the **National Championship**. The **National Championship** will consist of a Semifinal and a Final. The **Qualifier** and the **Super Regional** levels replace the pre-qualifier round that we have had in the past. The first and second place winners in each division are then invited to the **International Championship** held by IYSF every other year. Only US citizens may participate in the **National** level, as only US citizens may compete at the **International** level.

2016-17 SEASON, USA YOGA SUPER-REGIONAL MAP

- - WEST COAST REGION
- - CENTRAL/NORTH REGION
- - MIDWEST REGION
- - SOUTHERN REGION

