



2009 Results

5K Run/Walk

Female 12 & Under

8/2/2009

1. AUBREY TILL (PENROSE, CO) 0:21:34 **New Record**
2. SAVANNAH CARNHAN (SUWANEE, GA) 0:22:41
3. KAYLI TABARES (COLORADO SPRINGS, CO) 0:24:53

Female 13-16

8/2/2009

1. HANNAH EVERSON (COLORADO SPRINGS, CO) 0:19:40 **New Record**
2. EMILY MAUSER (DENVER, CO) 0:20:48
3. DANA TRILLO (COLORADO SPRINGS, CO) 0:22:18

Female 20-24

8/2/2009

1. ABIGAIL SWIFT (NEWARD, DE) 0:20:49 **New Record**
2. JESSICA THOMPSON (COLORADO SPRINGS, CO) 0:36:34
3. ANDREA CROWE (COLORADO SPRINGS, CO) 0:40:17

Female 25-29

8/2/2009

1. FARALENE CASTANEDA (CEDAR CITY, UT) 0:30:41
2. AMELIA GRAVES (FOUNTAIN, CO) 0:31:37
3. DIANA PAZBYLA (COLORADO SPRINGS, CO) 0:41:55

Female 30-34

8/2/2009

1. HOLLY FLORES (COLORADO SPRINGS, CO) 0:23:56
2. EUGINA STEVENS-YOUNG (CEDAR VALLEY, UT) 0:27:22
3. STEPHANIE STEARMAN (COLORADO SPRINGS, CO) 0:53:08

Female 35-39

8/2/2009

1. KRISTY EARLEY (GREEN BAY, WI) 0:22:38 **New Record**
2. BEKKI MANVILLE (COLORADO SPRINGS, CO) 0:23:33
3. KAT KISER (COLORADO SPRINGS, CO) 0:24:43

Female 45-49

8/2/2009

1. GAYE BLOESSER (COLORADO SPRINGS, CO) 0:25:27
2. KATHY CARNAHAN (SUWANEE, GA) 0:26:57
3. SHELLI MILES (COLORADO SPRINGS, CO) 0:29:14

Female 50-54

8/2/2009

1. TERRY PETERSON (ARVADA, CO) 0:23:41
2. KERRY TOGNERI (TURNERS FALLS, MA) 0:26:54
3. LANEL WELSBY (COLORADO SPRINGS, CO) 0:30:54

Female 55-59

8/2/2009

1. TERRY PAWLESKA (GREEN RIVER, WY) 0:32:09
2. JOYCE CROWE (COLORADO SPRINGS, CO) 0:38:55
3. ROX NORRIS (COLORADO SPRINGS, CO) 0:47:19

Female 65-69

8/2/2009

1. BARBARA PERRELL (LEXINGTON, NC) 0:55:33

Female Masters

8/2/2009

1. MAATJE BENASSI (COLORADO SPRINGS, CO) 0:21:37
2. MELANIE BRIM (BLACK FOREST, CO) 0:22:05
3. TERRY PETERSON (ARVADA, CO) 0:23:41

Female Overall

8/2/2009

1. HANNAH EVERSON (COLORADO SPRINGS, CO) 0:19:40 **New Record**
2. EMILY MAUSER (DENVER, CO) 0:20:48
3. ABIGAIL SWIFT (NEWARD, DE) 0:20:49 **New Record**

Male 13-16

8/2/2009

1. JORDAN MONTERA (PUEBLO WEST, CO) 0:17:20 **New Record**
2. JARRET HARRIGAN (IPSWICH, MA) 0:18:55
3. JOSEPH ARCHULETA (COLORADO SPRINGS, CO) 0:19:25

Male 20-24

8/2/2009

1. NACHO MATA (COLORADO SPRINGS, CO) 0:18:44
2. AARON LEVINSON (PUEBLO, CO) 0:20:01
3. ANTHONY WHITEMAN (COLORADO SPRINGS, CO) 0:20:25

Male 30-34

8/2/2009

1. NEIL MANVILLE (COOLIDGE, AZ) 0:20:50

Male 35-39

8/2/2009

1. **ROB FRISBIE (COLORADO SPRINGS, CO)** 0:21:50 **New Record**
2. **EVAN RANDALL (COLORADO SPRINGS, CO)** 0:23:27
3. **KEVIN MONTOYA (HIGHLANDS RANCH, CO)** 0:27:20

Male 50-54

8/2/2009

1. **TOM OSBORNE (COLORADO SPRINGS, CO)** 0:28:17
2. **LIONEL RIVERA (COLORADO SPRINGS, CO)** 0:29:05

Male 55-59

8/2/2009

1. **DAVID RUETSCHILLING (COLO SPGS, CO)** 0:22:29 **New Record**
2. **JONATHAN CROWE (COLORADO SPRINGS, CO)** 0:22:34
3. **JOHN PAWLESKA (GREEN RIVER, WY)** 0:22:45

Male 60-64

8/2/2009

1. **GEORGE GRECO (COLORADO SPRINGS, CO)** 0:22:15 **New Record**
2. **ALAN FEUERHAKEN (, CO)** 0:25:31
3. **DICK STANDAERT (COLORADO SPRINGS, CO)** 0:27:33

Male 65-69

8/2/2009

1. **DEAN SMITH (COLORADO SPRINGS, CO)** 0:28:06
2. **LEE FRISBIE (, CO)** 0:49:32
3. **EDWARD PERRELL (LEXINGTON, NC)** 0:55:40

Male 80+

8/2/2009

1. **HARRY WOODCOCK (COLORADO SPRINGS, CO)** 1:03:04 **New Record**

Male Masters

8/2/2009

1. **ROBERT WILCOX (COLORADO SPRINGS, CO)** 0:18:37 **New Record**
2. **SCOTT PALMER (COLORADO SPRINGS, CO)** 0:20:45 **New Record**
3. **DAVID DUBOIS (COLORADO SPRINGS, CO)** 0:22:10

Male Overall

8/2/2009

1. **MICHAEL CERNOIA (PUEBLO WEST, CO)** 0:16:48 **New Record**
2. **JORDAN MONTERA (PUEBLO WEST, CO)** 0:17:20 **New Record**
3. **KEANE VELEZ (COLORADO SPRINGS, CO)**

Female 17-19

8/3/2009

1. **Jordan Bloesser (Colorado Springs, CO)** :21:08
2. **REBECCA BARAD (COLORADO SPRINGS, CO)** :21:56
3. **MIRANDA CLAXTON (ADA, OK)** :22:48

Female 60-64

8/3/2009

1. PATSY MARSHALL (COLORADO SPRINGS, CO) :47:29

Male 12 & Under

8/3/2009

1. DEREK CRUZ (STEVENS POINT, WI) :21:29
2. DANYON ANDERSON (COLORADO SPRINGS, CO) :22:12
3. ANDY KIARIE (COLORADO SPRINGS, CO) :23:41

Male 17-19

8/3/2009

1. MICHAEL CERNOIA (PUEBLO WEST, CO) :16:48
2. KEANE VELEZ (COLORADO SPRINGS, CO) :17:54
3. BRIAN KIELY (USAFA, CO) :17:56

Male 40-44

8/3/2009

1. DAVID DUBOIS (COLORADO SPRINGS, CO) :22:10
2. BILL MAUSER (DENVER, CO) :22:53
3. JOHN PHIPPS (WINSTON-SALEM, NC) :30:42

Male 45-49

8/3/2009

1. Robert Willcox (Colorado Springs, CO) :18:36
2. RICH WARD (CASTLE ROCK, CO) :23:43
3. BRAD BARNEY (COLORADO SPRINGS, CO) :23:48

Female 40-44

8/4/2009

1. MAATJE BENASSI (COLORADO SPRINGS, CO) 0:21:37
2. MELANIE BRIM (BLACK FOREST, CO) 0:22:05
3. HEATHER COVERT (COLORADO SPRINGS, CO) 0:24:41

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