

# State Games Track & Field Time Schedule

## Sunday-8-4-2019

### Field Events

High Jump- Women

8: am Warm up

8:30- 59-19W

Triple Jump Women (Pit#1)

**High Jump- Men**

9: am-19-39M

10: am- 79-64M

11: am- 69-40

### 8: am Warm-up

8:30-84-40W (4 Attempts)

9:15- 13-18G (3/4 Attempts)

10: am 13-14 Boys (3 attempts)

### Discus- Women/ Girls

8: am Warm-Up

8:30 79-44W (4 Throws)

10:30- 11-14G (3Throws)

11:15-15-19G/W (4 Throws)

### Triple Jump Men (Pit#2)

8: am Warm-up

8:30- 79- (4 Attempts)

9:45- 59-30M (4 Attempts)

10:30-15-29B/Open (4 Attempts)

### Shot-Put- Masters Men

8: am Warm-up

8:30-84-60M (4 Throws)

9:45- 59-50M (4 Throws)

11:00- 49-19M (4 Throws)

Athletes will not be allowed to compete without a bib Number!!

# State Games Track & Field Time Schedule

## Sunday-8-4-2019

National Anthem:7:55 am

### Running Events:

7: am- 3000M run – Men

8: am – 100M dash – Masters W/M followed by 17-18 followed by 19-29 M

9: am- 1500M run – Women/Girls

9:45- 1500m run—Men/Boys

10:15- 300H- Women/Girls

10:40- 300H- Men/ Boys

11:00- 400H- Women/Men

11:20- 800M run- Women/Girls

11:45- 800M run –Men/Boys

12:15- 200M run –Women/Girls

12:45- 200M run- Men Boys